

revive



January 18 - 21, 2024



A TRANSFORMATIONAL RECHARGE
FOR WOMEN PHYSICIANS



**ALL-INCLUSIVE,
LUXURY** Garza Blanca
Hotel and Resort Spa,
Cancun, Mexico

Retreat Agenda

Date	Time	Details
January 17, 2024, Wednesday		Travel to the ALL-INCLUSIVE, LUXURY Garza Blanca Hotel and Resort Spa, Cancun, Mexico <i>Hotel Address:</i> Carretera a Punta Sam Km. 5.2 Mza 9 Lote 3 Zona Continental de Costa Mujeres, 77400 Cancún, Q.R., México <i>Hotel Phone Number:</i> +52 998 193 2930
January 18, 2024, Thursday	8:00 am	Workshop with Dr. Sasha. The topics are: <ul style="list-style-type: none">• Understanding Our Why• How to Ditch the 10 Top False Beliefs That Hold Women Back
	Afternoon	Relax by the pool and hot tub, watch the sunset over the ocean, take walks on the white sandy beach, enjoy yoga classes, water sports, beach volleyball, dance classes, and more.
	Dinner	Fabulous dinners together & shares from the day

Date	Time	Details
January 19, 2024, Friday	8:00 am	Workshop with Dr. Sasha. The topics are: <ul style="list-style-type: none"> • How To Embrace Radical Boundaries Needed to Thrive • How to Free Yourself from Negative Self Talk to Embrace Your Power
	Afternoon	Relax by the pool and hot tub, watch the sunset over the ocean, take walks on the white sandy beach, enjoy yoga classes, water sports, beach volleyball, dance classes, and more.
	Dinner	Fabulous dinners together & shares from the day
January 20, 2024, Saturday	8:00 am	Workshop with Dr. Sasha. The topics are: <ul style="list-style-type: none"> • How to Unlock Your Inner Warrior & Stand Strong • Moving Forward: Our Intentions & Removing Old Thinking
	Afternoon	Relax by the pool and hot tub, watch the sunset over the ocean, take walks on the white sandy beach, enjoy yoga classes, water sports, beach volleyball, dance classes, and more.
	Dinner	Fabulous dinners together & shares from the day
January 21, 2024, Sunday		Travel home